



KAMALA NEHRU COLLEGE

DEPARTMENT OF PSYCHOLOGY

cordially invites you to an online
discussion on the occasion of Mental
Health Awareness Day

EVERYDAY CONVERSATIONS ON MENTAL HEALTH



Speaker

Dr. Nivida Chandra

Founder of Kindspace
Co-founder of The Shrinking
Couch

Date: 6th October, Wednesday, 2021

Time: 1:30-2:30 PM

Platform - Google Meet