

**EQUAL OPPORTUNITY CELL AND ENABLING UNIT**  
**ANNUAL REPORT**  
**JANUARY 2022 – DECEMBER 2022**

**ORIENTATION FOR FRESHERS**

**8th January 2022**

New volunteers were recruited and an orientation programme was conducted for the 1st years wherein the session started with an introduction about the core team members following this the members further introduced the functioning of the respective teams and gave an orientation about the cell as a whole.

**PAHAL – THE ANNUAL EVENT**

**6<sup>th</sup> April 2022**

Equal Opportunity cell and Enabling unit of Kamala Nehru College, Delhi University conducted their annual fest, PAHAL'22. The theme this year was abstract focusing on all the societal issues faced by people in the contemporary times. Thus, our two competitions revolved around the same along with our motivational speakers for the day. The event started with a live talk session, 'Listen Up!' given by Dr. Satyapal Singh, a success story of a Paralympian Olympics Coach along with him, Mr. Ankur Dhama, India's first blind athlete and recipient of three gold medals in para-Asia 2010 who participated at Paralympics games in Rio De Janeiro embraced our session. The talk session was very inspirational for our audience as the speakers cherished their memories through their stories.

Following the talk session we conducted our two main competitions, the first one being the poetry competition, 'Bekhauf Azaad'(fearlessly free)- the theme of the competition focused on how one lives without fear which was started by introducing our esteemed judges, Ms. A.P. Payal (department of English, Kamala Nehru College) and Dr. Mohammad Israel (department of Hindi, Kamala Nehru College). The second competition was an extempore speech competition, 'Off the cuff' where the participants were supposed to speak on the topic given to them on the spot for two minutes. The competition was started by introducing our esteemed judges, Dr. Naresh and Dr. Shubra. The event included around 40 plus participants across different colleges from Delhi University. The participation was around 10 – 20 for the competitions whereas around 40 attended the lecture event.

**PARVAAZ – A PLAY PERFORMED DURING NAAC VISIT BY THE STUDENT VOLUNTEERS**

**13<sup>th</sup> September 2022**

During the NAAC visit in our college, the volunteers from Equal Opportunity Cell and Enabling Unit presented a play titled " Parvaaz", which emphasised on the daily struggles of PWD students that make them strong each day, fighting by themselves. The play was performed in the college auditorium.

**MENTAL HEALTH DAY**

**10<sup>th</sup> October 2022**

On the occasion of World Mental Health Day, the Equal Opportunity cell and enabling unit organised a seminar on the topic "Hustle Culture" with Dr.Itisha Nagar(department of Psychology, Kamala Nehru College). Around 40 students had attended the seminar. The seminar had intrigued the students about the mental well-being in this busy world. The session had also talked about different aspects effecting the mental health like family, friends, studies, job, etc. which ended with Dr. Itisha Nagar answering the questions asked by the students.

## **MONTHLY TASKS**

**January 2022 – December 2022**

EOC-EU celebrates festivals, brainstorms important dates and presents monthly activities to the student volunteers. The aim of these tasks is to keep the volunteers motivated and engage with each other which is then projected in a healthy competitiveness amongst them. Volunteers are then provided hours for the task accomplished which by the end of the tenure, receive a certificate from the cell.

## **NEWSLETTER**

The EOC-EU started its annual newsletter last year which accommodated the works written by both student volunteers and PWD students in the tenure 2020-2021. The theme for the newsletter was 'UDAAN – Fight Against Societal Discrimination'. The newsletter was released on College Day 2022 and presented to the faculty and students.

## **SOCIAL MEDIA AND EDITORIAL TEAM**

From July 2022 to December 2022, the editorial team in collaboration with the social media team came up with an initiative – Monthly Bulletin – called 'WRITE TO IGNITE'. The aim of this is to make the student volunteers brainstorm on different problems (social issues or personal problems which students face) which are presented through art and write-ups on our social media page (Instagram). We also aimed at spreading awareness about different problems amongst the students in our college. Apart from this, the social media updates their page with all the events (online and offline) of the cell from time to time.