

Shining Network: Youth Empowering and Value Creating Society

Report 2019

Teacher Convenor: Dr. Geetesh Nirban

Student Convenors (From July 2019-20): Yasahasvi Kumud and Apala

On **23rd August 2019**, held its first **Interactive Session** for the forthcoming batch of 2019-20. The session was presided by the Faculty Convener, Dr. Geetesh Nirban who welcomed the new members of the society and encouraged them to provide their refreshing thoughts.

This was followed by the introduction of the new members and how they would describe themselves in one word and what colour of their choice best suits the place they belong to. The new members were also briefed about Shining Network's joint action with SOPHIA (The Society of Philosophers in America) and the society's objectives and aspirations for the coming sessions.

This session also highlighted the issues bothering the inner peace of youth and how we could inculcate mindfulness in daily life. Suggestions were taken from the members for planning the activities towards building a culture of peace.

On **20th September 2019, Peace Meet** was organised to commemorate the 'International Day of Peace', revolving around the theme, *Climate Action for Peace*. The session was conducted by Dr. Geetesh Nirban, Faculty Convener of Shining Network. It was a part of Shining Network SOPHIA chapter. The session commenced with a peaceful meditation followed by a briefing given by Apala, the student co-convener emphasised on the importance of the interrelated nature of our inner and outer climate in light of peace. The members discussed on practice of indifference towards inner self, use of objectionable words and negative effects of social media in disturbing the peace. Members presented their self-written poems and pledged towards working in their own unique ways for inner peace. Anshu Saikia, selected for the Indo-Bhutan Summit shared her experiences and urged the members to apply for summit next year. The meeting concluded with a guided meditation.

On **6th November 2019** first **Public Philosophy Session on 'Happiness'** was organised by Shining Network SOPHIA chapter. Shining Network is in joint collaboration with Society of Philosophers in America (SOPHIA). Ms. Lira Goswami, the founder of Associated Law Advisers and a proficient legal professional was the invited speaker who shared her thoughts on how she celebrates the word 'Happiness' and the deep rooted philosophical insights on developing happiness as the core value in life. Prashanti recited a poem titled 'Whereas' Swoyami and Astha presented a song to enliven the session with musical note.