

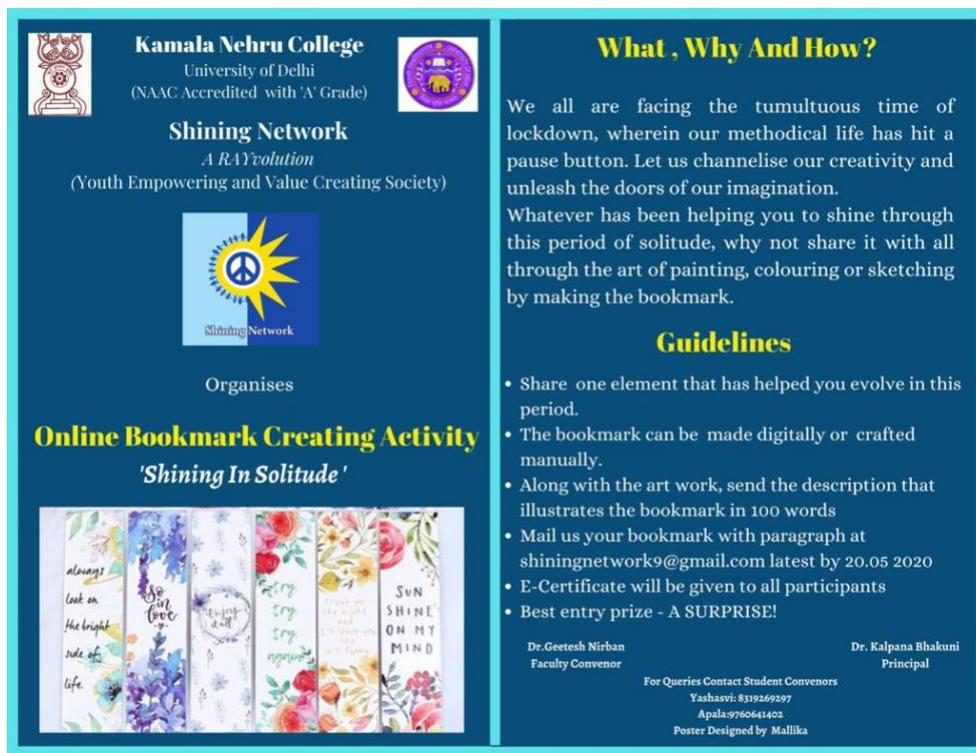
## Shining Network: Youth Empowering and Value Creating Society

Report 2020

Teacher Convenor: Dr. Geetesh Nirban

Student Convenors (July 2020-2021): Vanshika Mittal and Prashanti Komal

On 14<sup>th</sup> May 2020, Online Bookmark Creating Activity on the theme *Shining in Solitude* was organised. This was the first event in digital mode amidst the ongoing lockdown due to global pandemic situation of 2020. It aimed to bring solidarity among the participants giving them an opportunity to reflect on their creative capabilities in the form of a simple handcrafted bookmark. The theme, *Shining in Solitude* was artistically represented by the participants in various ways and students from across the country participated in it. The top entries received the E-Certificates and were featured on the social media pages of the society.



**Kamala Nehru College**  
University of Delhi  
(NAAC Accredited with 'A' Grade)

**Shining Network**  
A RAYvolution  
(Youth Empowering and Value Creating Society)

Organises

**Online Bookmark Creating Activity**  
'Shining In Solitude'

**What, Why And How?**

We all are facing the tumultuous time of lockdown, wherein our methodical life has hit a pause button. Let us channelise our creativity and unleash the doors of our imagination. Whatever has been helping you to shine through this period of solitude, why not share it with all through the art of painting, colouring or sketching by making the bookmark.

**Guidelines**

- Share one element that has helped you evolve in this period.
- The bookmark can be made digitally or crafted manually.
- Along with the art work, send the description that illustrates the bookmark in 100 words
- Mail us your bookmark with paragraph at shiningnetwork9@gmail.com latest by 20.05 2020
- E-Certificate will be given to all participants
- Best entry prize - A SURPRISE!

Dr. Geetesh Nirban  
Faculty Convenor

Dr. Kalpana Bhakuni  
Principal

For Queries Contact Student Convenors  
Yashasvi: 8319269297  
Apala: 9760641402  
Poster Designed by Mallika



On **29<sup>th</sup> May 2020**, the **first Webinar on ‘Shining in Solitude through Life Coaching’** was organised to acknowledge and recognize the incomprehensible emotions and feelings of oneself, especially in times of uncertainty due to lockdown. Ms. Upasana and Mr. Vivek from the organisation *Fountainhead* spoke on the importance of ‘Life Coaching’ as a way of learning/guidance, sensitized the participants about the ongoing pandemic and our adjustment to the ‘new normal’. They illustrated the significance of ‘diving deep within’ through stories and presentations.



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*A Revolution*  
(Youth Empowering and Value Creating Society)



organises

**A thought provoking and creative webinar on**  
***Shining In Solitude Through Life Coaching***

By Upasana and Vivek from Fountainhead

**Date: 29th May 2020 , Friday**  
**Time: 3pm**  
**Platform: Zoom Meeting**  
(Link will be sent to the participants)

Dr. Geetesh Nirban  
Faculty Convenor

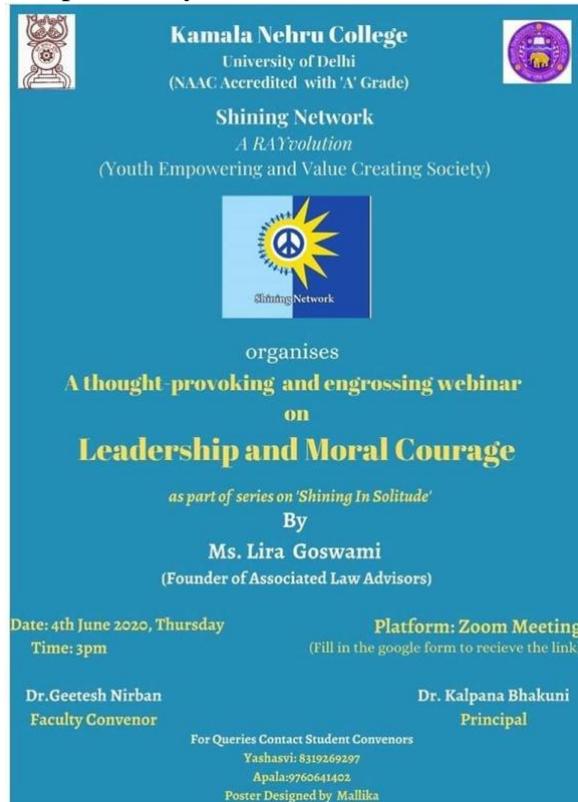
Dr. Kalpana Bhakuni  
Principal

For Queries Contact Student Convenors  
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Apala: 9760541402  
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On **4<sup>th</sup> June 2020**, the **Webinar on ‘Leadership and Moral Courage’** was organised as part of the ongoing online series on *Shining in Solitude*. This was under the aegis of Shining Network SOPHIA chapter. Ms Lira Goswami, Founder of Associated Law Advisors spoke on

working towards the evaluation and valuation of leadership capabilities with focus on moral courage as the new moral responsibility.



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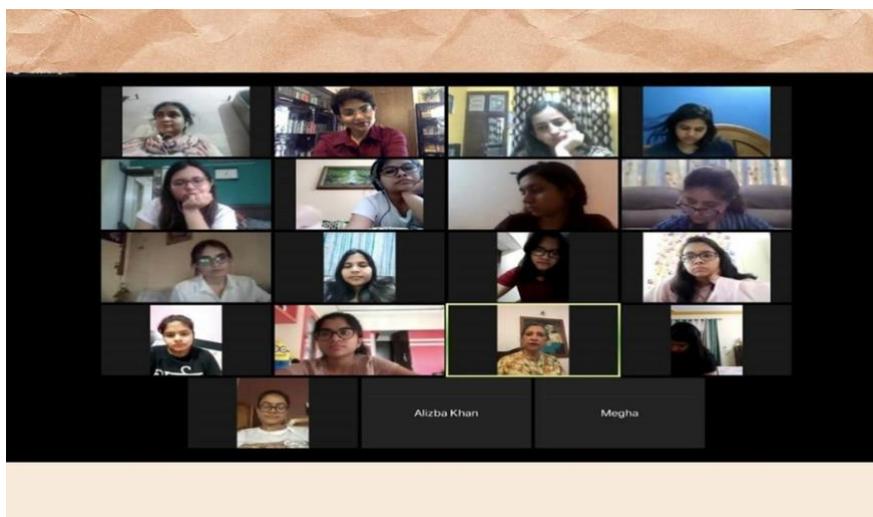


organises  
**A thought-provoking and engrossing webinar**  
on  
**Leadership and Moral Courage**  
as part of series on 'Shining In Solitude'  
By  
**Ms. Lira Goswami**  
(Founder of Associated Law Advisors)

Date: 4th June 2020, Thursday  
Time: 3pm  
Platform: Zoom Meeting  
(Fill in the google form to receive the link)

Dr. Geetesh Nirban  
Faculty Convenor  
Dr. Kalpana Bhakuni  
Principal

For Queries Contact Student Convenors  
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### ***Action for Compassion- An introductory event to commemorate International Day of Peace***

In the light of the theme of United Nations International Day of Peace 2020, Shining Network organized an activity which commenced in the former week (**17<sup>th</sup> September 2020-20<sup>th</sup> September 2020**) of International Day of Peace. This was conducted und the aegis of Shining Network SOPHIA chapter. Participants from different universities and colleges across the country participated in various activities/campaigns organized by the society which focused on compassion towards self, family, friends and society. *Action for Compassion* consisted of various missions and games structured on the theme of kindness. The participants contributed

by showcasing and documenting 4 missions or acts of kindness/compassion which were unique and subject to their own interpretation. They were highlighted later on the social media handles of the society.

### **Peace Meet on International Peace Day on 21<sup>st</sup> September 2020**

On **21<sup>st</sup> September, 2020**, Shining Network organized the *Peace Meet* commemorating the International Day of Peace 2020 in collaboration with *The Foundation for Universal Responsibility of His Holiness the Dalai Lama* on United Nations theme, *Shaping Peace Together Through Kindness, Compassion and Hope*. This was the lead of Shining Network SOPHIA Chapter. The Meet was attended by students, scholars and academicians from across the country and it provided them a platform to connect their emotions of compassion, kindness and hope with peace. The Faculty Convener, Shining Network, Dr. Geetesh Nirban, welcomed the Guest Speaker, Mr. Rajiv Mehrotra who is the Secretary and Trustee of *The Foundation for Universal Responsibilities*; the Head and Professor at the Department of Philosophy-University of Delhi and the Academic Advisor for Shining Network's SOPHIA Chapter, Dr. Balaganapati Devarakonda and Principal of Kamala Nehru College, Dr. Kalpana Bhakuni. Dr. Bhakuni gave the Opening Remarks and encouraged the innovative initiative taken up by Shining Network. This was followed by the Introductory Address given by Dr. Balaganapathi who shared how peace as intrinsically valuable is a universal value that facilitates all other values. The Guest Speaker, Mr. Rajiv Mehrotra shed light on concept of peace, the rational and logical aspect of compassion and ways to nurture our inner and outer peace. After Q&A session, the event winded up with three thoughts that is to accept, to feel and to practice the values of compassion, kindness and hope.

**Team Shining Network mantains the INSTA PAGE, keeps it updated with diverse posts on issues of peace and wellbeing as the voices of the team members.**